

Starts Saturday, August 7<sup>th</sup>, 2010

# jazzercise<sup>®</sup>

## personal touch

Kick your workout up a notch! These small group weight training and body sculpting sessions are designed to improve strength and tone muscles. The personalized approach encourages exercise consistency and the attainment of fitness goals. Special attention to movement technique will help you get the most from your workouts.

Time: Saturdays @ 9am  
(Classes last approximately 45 minutes)

Location: Town of Indian Shores  
19305 Gulf Boulevard  
Indian Shores, FL 33785

\$40 = 5 class ticket  
\$10 = drop-in

\$30 = 5 class ticket Jazzercise student (other locations)  
\$8 = drop-in Jazzercise student (other locations)

For further information:  
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# **FIRST CLASS FREE!**